



## String Theory and Inflation

*The start of a beautiful relationship?*

*C.P. Burgess*

## Outline

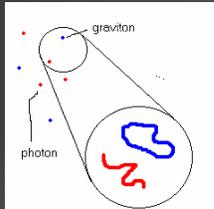
- String Theory
  - A Theory looking for observations.
  - The D-Brane revolution.
  - What is the String Scale?
- Inflation
  - Cosmic initial conditions and fluctuations.
  - Phenomenology looking for a theory.
- Inflation in String Theory?
  - Braneless attempts.
  - Brane Inflation?
- Outlook

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Strings and Inflation

## String Theory: the idea

- All matter consists of small one-dimensional objects (strings).
  - Strings look like particles when not resolved closely enough
  - All particle types are different normal modes of the string.

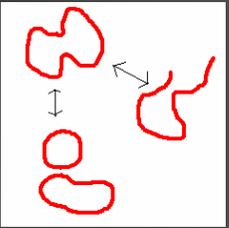


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## String Theory: the interactions

- All interactions consist of the splitting and joining of these elementary strings.
  - This is the *only* known sensible description of the scattering of gravitational waves at very high energies!
  - Looks like General Relativity plus other interactions at low energies.
  - No parameters: string length sets units.



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## Possible Downsides

- At first sight there appeared to be a number of different kinds of string theories.
  - Open, closed, heterotic, Type I, Type IIa,...
- Predicts we live in 10 spacetime dimensions!
  - Experimental update: number of (large) dimensions = 4
- Very difficult to experimentally test so far.
  - Strings are so short that once the symmetries and spectrum are gotten right, most of the details are usually also right.
  - Calculation gets known masses right, *but*....
    - experiment  $m_{exp} = 0.000000000.....005$
    - theory  $m_{th} = 0.00000000$

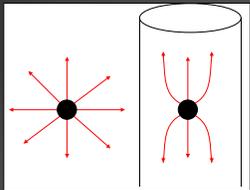


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## Gauss' Law in D Dimensions

- String properties are inferred from the strength of gravity and electromagnetic interactions *in 4 dimensions*.
- String theory predicts these *in 10 dimensions*.
- The connection depends on the size of the extra dimensions, since Coulomb's and Newton's Inverse-Square Laws reflect the spread of flux into space.
  - Force law falls faster in higher dimensions because there is more space over which to spread flux.



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## How Long is a String?

Electromagnetism      Gravity

for  $r \ll a$ :

$$A_0 \propto \frac{\alpha Q}{r^{n+1}} \quad h_{00} \propto \frac{GM}{r^{n+1}}$$

for  $r \gg a$ :

$$A_0 \propto \frac{\alpha Q}{a^n r} \quad h_{00} \propto \frac{GM}{a^n r}$$

Effective 4d coupling:

$$\alpha_{eff} = \frac{\alpha}{a^n} \quad G_{eff} = \frac{G}{a^n}$$

In string theory  $G$  and  $\alpha$  are related to the string coupling  $\lambda$ , and length  $l_s$ .

$$\alpha_{eff} = \frac{\alpha}{a^n} = \frac{\lambda \lambda_s^n}{a^n} \approx 0.01 \quad G_{eff} = \frac{G}{a^n} = \left( \frac{\lambda^2 \lambda_s^n}{a^n} \right) \lambda_s^2 \approx (10^{-19} \text{ fm})^2$$

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## An Aside on Magnetic Monopoles

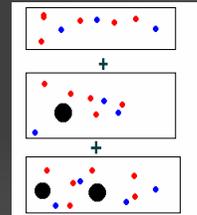
- Field theories can involve more states than are indicated by the fields they involve.

- For example: QED has fields for electrons, positrons and photons, but it can also describe these interacting with very massive magnetic monopoles.

- $M = \mu/\alpha$

- Monopoles arise as solitons of the other fields, and are not described by fields of their own.

- $g = 4\pi/e$



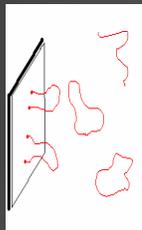
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## D-Branes

Polchinski

- String theory is bigger than previously thought.
  - Normally, open strings satisfy Neumann boundary conditions,
    - string ends move at light speed.
  - Dirichlet boundary conditions also make sense
    - string ends live on a surface.
  - This surface is interpreted as a large massive object, a *D-brane*, in spacetime, much like a monopole.



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## Why Do This?

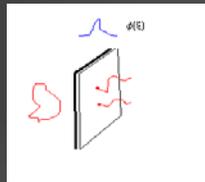
- Good Things Happen if the theory has both strings and D-branes:
  - Previously-hidden duality symmetries emerge, with all known string theories dual to one another under these symmetries!
  - Some weakly-interacting string theories are the duals of the strong-coupling limit of others!
  - Led to discoveries of similar symmetries amongst ordinary particle theories.
- Conjecture: all known string theories are different solutions to a more fundamental (11-dimensional) theory (M Theory).

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## Brane vs Bulk States

- Important Brane Facts:
  - At low energies some states are trapped to live near the Brane
    - eg: Open strings terminating on a Brane.
  - Other states - *Bulk* states - can ramble:
    - eg: Closed strings, including gravitons.
- Trapping is not really so weird.
  - Similar to the trapping of 'zero modes' on defects like vortices and domain walls in solids.
- Brane-World Scenario*: All known particles are so trapped.



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## 4D Couplings Revisited

- The point: Being trapped on a  $p$ -dimensional brane changes how  $\alpha$  (but not  $G$ ) depends on  $\lambda$  and  $l_s$

$$\alpha_{eff} = \frac{\alpha}{a^{p-3}} = \frac{\lambda l_s^{p-3}}{a^{p-3}} \quad G_{eff} = \frac{G}{a^n} = \left( \frac{\lambda^2 l_s^n}{a^n} \right) l_s^2$$

So if  $p=3$  (for example) we have

$$G_{eff} = \alpha_{eff}^2 \left( \frac{l_s}{a} \right)^n l_s^2$$

*Experiments no longer require  $l_s$  to be so small!*

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## Strings In Your Face

Arkani-Hamad, Dvali & Dimopoulos

- Could strings be as big as they can be:  $l_s = l_w$ ?
  - Non-gravitational physics is characterized by the weak scale:  $G_F = l_w^{-2} = (10^{-3} \text{ fm})^2$
  - If so, strings may be experimentally discovered 'tomorrow'!
  - If so, does this explain why  $l_w$  is so much larger than  $l_p = 10^{-19} \text{ fm}$ ?
    - *ie:* Why is gravity so weak? Why are stars so big?
- Gravity would be weak because the extra dimensions are large:

$$a = \left( \frac{\alpha_{eff} l_s}{l_{pl}} \right)^{2/n} l_s$$

If  $n = 2$  then  $l_s = l_w$  requires  $a \sim 0.1 \text{ mm}!$   
 If  $n = 6$  then  $l_s = l_w$  requires  $a \sim 10^5 \text{ fm}$ .

Why is the hierarchy  $a/l_s$  so large?

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## Intermediate-Scale Strings

CD, Ibanez & Quevedo

- Q: Can  $l_s$  and  $a$  be similar in size?
- A: Yes.  $l_s / a = 0.01$  works if:
  - I:  $l_s = \sqrt{(l_w l_p)} = 10^{-11} \text{ fm}$ .
    - $l_w = l_s^2 / l_p$  naturally arises if supersymmetry breaks on another brane, and is transmitted to our brane by gravity.
  - II:  $n = 6$  extra dimensions.
- **No hierarchy need be dialed in.**
- Other nice things also happen if so:

$$\alpha_{eff} = \frac{l_s}{a} = 0.01$$

$$\frac{l_{pl}}{l_w} = \frac{l_{pl}^2}{l_s^2} = \alpha_{eff}^2 \left( \frac{l_s}{a} \right)^n$$

String axions can solve strong CP problem, neutrino masses similar to experiments, etc

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## String Summary

- String theory is the only known theory where gravity and quantum mechanics co-exist at high energies.
  - *Major Lesson of the 20<sup>th</sup> Century:* Relativity and Quantum mechanics are almost inconsistent, and so together impose extremely strong self-consistency conditions.
- The string length is likely much longer than the Planck length.
  - *Size Matters:* much better prospects for comparison with experiments.
  - The intermediate scale is well motivated on particle-physics grounds:  $l_s = \sqrt{(l_w l_p)} = 10^{-11} \text{ fm}$ .
- We may all be *Brane bound*.

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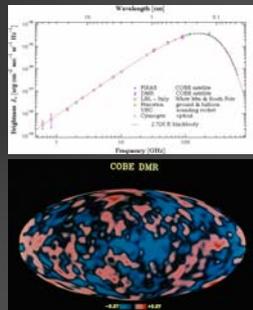
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## Motivations for Inflation

- The Hot Big Bang Model provides a very successful description of the observed Universe at large.
  - Described by expansion of universe:  $R(t)$
  - Requires unnatural initial conditions: Flat, homogeneous, isotropic

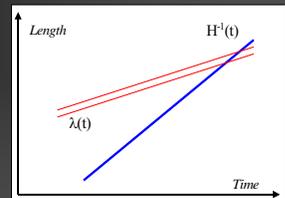


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## Acausal Correlations?

- Initial correlations cannot be causally understood in the Hot Big Bang since in the past they were not in causal contact with one another!
  - Light has not yet had time to travel across the sky to tell everybody to be at the same temperature!
- *eg:* for radiation:



$$p = \rho/3 \Rightarrow \lambda \propto R \propto t^{1/2}; H^{-1} \propto t$$

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# Inflation

Guth

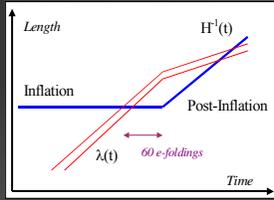
- Initial conditions *can* robustly follow from dynamics if the universe were to become temporarily dominated by vacuum energy:

- Fluctuation amplitude requires  $V \sim (10^{-17} - 10^{-12} \text{ fm})^4$

- Inflation is an *attractor!*

- ie:

$$p = -\rho \Rightarrow \lambda \propto R = e^{Ht}; H^{-1} = \text{const.}$$



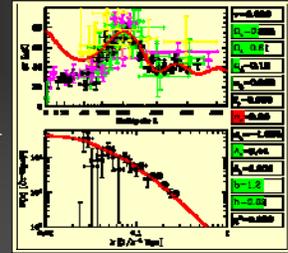
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# Bonus!

Chibisov & Mukhanov / Lukash / Starobinski  
Guth & Pi / Bardeen, Steinhardt & Turner / Hawking

- Besides redundantly testing the Hot Big Bang model, current precision measurements of the CMB temperature *anisotropies* are consistent with inflationary predictions for fluctuation properties.
- eg: the 'tilt',  $n_s$ , of scalar fluctuations



M. Tegmark

$$n_s = 1 - 6\epsilon + 2\eta$$

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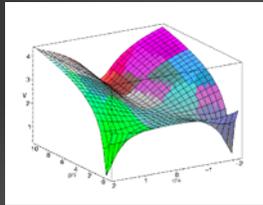
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# The Devil is in the Details...

Albrecht & Steinhardt; Linde ...

- It has proven difficult to find microscopic physics which explains the required features of inflationary models:

- Why is the amplitude of fluctuations what is seen?
- Why are pre-inflationary initial conditions chosen properly?
- Why does inflation last as long as it must?
- Etc....



$V(\phi, \chi)$



**Round Up the Usual Suspects...**

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Strings and Inflation

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Strings and Inflation

# String Theory and Inflation?

Brustein & Steinhardt

## Good News:

- There are very many scalar fields (called moduli) whose motion could describe inflation.
- These scalars tend to have very flat potentials, so can give very slow rolls and so lots of inflation.

## Bad News:

- There are typically *too many* such scalars, whose late-time motion can ruin successes of Hot Big Bang.
- The potentials are *exactly* flat up to non-perturbative corrections, and so are usually incalculable.
- No particular reason to choose successful scale for  $V$ , if  $\ell_s = \ell_p$

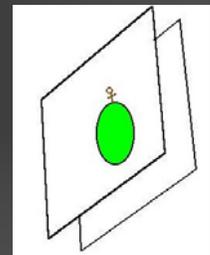
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# Brane Inflation

Dvali & Tye  
CB, Majumdar, Quevedo, Rajesh & Zhang

- Brane motion may provide inflation:
  - Branes themselves can break supersymmetry, and so give rise to *calculably weak* interactions.
  - Brane tension has the correct equation of state:  $p = -\rho$
  - Inflation can end through intervention of many new degrees of freedom.
  - Fluctuation amplitudes point to  $\ell_s$  fairly close to the intermediate scale.
- But:
  - Many other moduli must be eliminated to really successfully produce inflation.



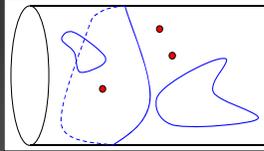
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## The Brane Gas

Brandenberger & Vafa,  
Alexander, Brandenberger & Jansson  
BMQRZ

- The Brane Gas: The beginnings of a theory of inflationary initial conditions....
  - An initial hot gas of branes may explain why some dimensions initially become somewhat larger than others.
  - The last few collisions of these branes may then exponentially inflate these initially large dimensions.
  - May have observable consequences for the CMB, since it implies the existence of cosmic strings surviving down to the present day.



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## Outlook

- CMB measurements reinforce the belief that the Universe underwent a very early inflationary period, but this has proven difficult to understand as a consequence of any known microscopic physics.
  - Because it is difficult, we stand a chance of learning something interesting about the microscopic physics which is responsible.
- String theory is by far the best-motivated theory of physics at the very-high energies which are likely to be responsible for inflation.
  - Due to the discovery of branes, there is now progress in trying to obtain inflation from string theory.
  - Branes dramatically change the nature of the early universe, and may tie inflationary cosmology to our understanding of the sculpting of the extra dimensions.

*More work needs to be done - enormous fun is being had!*

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## Perhaps a beautiful relationship....



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.....and a classic ending.



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